



Pathways

August 7, 2007

The good news is that there is no ideal leadership profile. According to Bill George, co-author with Peter Sims of *True North: Discover Your Authentic Leadership*, leaders don't have a universal set of skills, talents or styles that cause their success. Based on interviews with 125 leaders, the authors found that what leaders do have in common is self-knowledge and the ability to be authentic in their interactions with others.

What's Your Leadership Story?

One way to develop authenticity is to reflect on and reframe your life story. This will give you greater insight into who you are. Here are two questions to get you started:

- What challenges that you have faced have had the greatest impact on you?
- How have these events shaped who you are and what you value?

If you are interested in learning more about leading authentically and at your best, [go here to register](#) for a free teleclass about working from strengths.

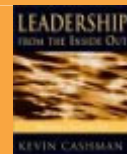
Enjoy the rest of summer!

Nina McGuffin, PCC

"There is a vitality, a life force, that is translated through you into action and because there is only one of you in all of time, this expression is unique. And if you block it, it will never exist through any other medium and be lost."

- Martha
Graham,
Choreographer

Recommended Book



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